



Adult Tennis Programme

Indoor and Outdoor Tennis
Courses and Pay & Play

April - July 2019



Our Adult Tennis Programme

As per last term, members may book indoor tennis courts on a pay & play basis at the National Tennis Centre on a Monday evening; there is an additional cost to hire the indoor courts at the National Tennis Centre of £20 per hour per court. Indoor courts at the National Tennis Centre can be booked via our main reception. Terms and conditions apply.

Please note as with all courses, our racquet courses are not available on an ad hoc basis - courses must be booked for the full period.

The Bank of England Sports Centre aims to offer a range of racquet courses for a variety of abilities. All adult racquet courses are taken by qualified and licensed coaches who provide lessons for beginners, improvers and the more advanced players.

GROUP TENNIS COURSES

Indoor tennis courses at the National Tennis Centre and outdoor tennis courses will take place on the hard courts.

Courses run for a number of consecutive weeks and members are required to complete the application form at the back of this booklet to make a booking on any of our group racquet courses.

For more information on any of the following tennis courses, please contact tennis@bankofengland.co.uk clearly stating in the subject field which course you are enquiring about.

Please complete the application form and return it to Reception as soon as possible; please note there is no need to return the form for the Pay & Play Tennis bookings, Social Tennis bookings and/or Tennis Clinics.

To book an indoor tennis court or book a place on Social Tennis or Ladies Morning, simply contact reception.



Indoor & Outdoor Tennis Courses

There are 2 shorter adult tennis Xpress courses and each course will run for 4 weeks.

Indoor Improver and Intermediate courses will run for 8 weeks at the National Tennis Centre on Monday evenings.

Outdoor Improver and Intermediate courses will run for 10 weeks on the outdoor all-weather courts on Thursday evenings.

TENNIS XPRESS

Tennis Xpress is a beginner adult introductory coaching course for players who want to learn the basics of the sport. Tennis Xpress is centred on the development of all shots, while playing to ensure that players quickly learn the game of tennis; being able to serve, rally and score by the end of the course.

<i>Course code</i>	<i>Day</i>	<i>Location</i>	<i>Time</i>	<i>Dates</i>	<i>Cost</i>
TENNIS EXPRESS 1	Monday	Indoors NTC	7.00pm - 8.00pm	29/04/19 - 03/06/19 No session on 06/05 or 27/05	£68.00
TENNIS EXPRESS 2	Monday	Indoors NTC	7.00pm - 8.00pm	10/06/19 - 01/07/19	£68.00

IMPROVERS

Do you play or did you used to play fairly regularly during the summer? You can not only get the ball over the net and are comfortable with forehands and backhands, but can also control the direction of the ball? You know where to stand and how to score? Then the Improvers course is for you!

<i>Course code</i>	<i>Day</i>	<i>Location</i>	<i>Time</i>	<i>Dates</i>	<i>Cost</i>
ADIMPMON1	Monday	Indoors NTC	8.00pm - 9.00pm	29/04/19 - 01/07/19	£136.00
ADIMPMON2	Monday	Indoors NTC	9.00pm - 10.00pm	29/04/19 - 01/07/19	£136.00
ADIMPTHURS	Thursday	Outside	7.30pm - 8.30pm	29/04/19 - 15/07/19	£116.00

INTERMEDIATE

Do you play a lot of tennis? Do you have consistent groundstrokes and know how to create opportunities to attack and win points? Do you play friendly matches? If so, then the Intermediate course is what you need!

<i>Course code</i>	<i>Day</i>	<i>Location</i>	<i>Time</i>	<i>Dates</i>	<i>Cost</i>
ADINTMON1	Monday	Indoors NTC	8.00pm - 9.00pm	29/04/19 - 01/07/19	£136.00
ADINTMON2	Monday	Indoors NTC	9.00pm - 10.00pm	29/04/19 - 01/07/19	£136.00
ADINTTHURS	Thursday	Outside	8.30pm - 9.30pm	29/04/19 - 15/07/19	£116.00

N.B. Please note that there will be no sessions on Monday 6th May due to the early Bank Holiday or on Monday 27th May due to the half term break.



Outdoor Social Tennis, Ladies Morning, Tennis Clinics and Pay & Play

These sessions will run from week commencing Monday 29th April. These are NOT COURSES; pre-booking for each session is required via reception but on a per session basis, rather than course basis.

Social Tennis and Ladies Morning take place weekly outside on the all-weather floodlit tennis courts.

Tennis Clinics take place once a month outside.

Pay & Play is available between 8.00pm and 10.00pm on Mondays at the National Tennis Centre. Booking of NTC courts should be made at the Bank of England Sports Centre reception.

SOCIAL TENNIS OUTDOORS

These sessions take place each week and enable members to meet other members of a similar standard and enjoy a game of singles and/or doubles with them. A coach will be present at the Social Tennis to advise, participate in a doubles match if required and assist with organisation.

These sessions are free of charge but pre-booking via reception is required. Please note that this is not a coaching session; it is an opportunity to play with members of a similar standard.

For tennis coaching, please do sign up to one of the Adult Group courses on offer. These Social Tennis sessions take place outside on the all-weather tennis courts.

<i>Day</i>	<i>Time</i>
Tuesday	8.00pm - 9.30pm starting 30/04/19
Friday	10.30am - noon starting 03/05/19

LADIES MORNING PAY & PLAY OUTDOORS

These sessions take place on a weekly basis and pre-booking is required via reception. These sessions take place on the all-weather tennis courts.

<i>Day</i>	<i>Time</i>	<i>Cost</i>
Thursday	10.00am - 11.30am starting 02/05/19	£12.85 per session



TENNIS CLINICS

These sessions take place once per month and pre-booking is required via reception.

Tennis Clinics focus on a key part of the game. Clinics take place outside on the all-weather courts before the Tuesday Social Tennis sessions so why not book a place on one of the Tennis Clinics and then come along to the Social Tennis session that follows afterwards to practice what you've learned in the Clinic?

There will be 3 Tennis Clinics this term and each Clinic will offer specific drills and coaching for the relevant clinic type.

<i>Clinic Type</i>	<i>Court</i>	<i>Day</i>	<i>Time</i>	<i>Dates</i>	<i>Cost per session</i>
Backhand	Outside	Tuesday	7.00 - 8.00pm	Tuesday 14 th May	£12.50
Serve	Outside	Tuesday	7.00 - 8.00pm	Tuesday 11 th June	£12.50
Forehand	Outside	Tuesday	7.00 - 8.00pm	Tuesday 9 th July	£12.50

BOOKING INDOOR COURTS ON A PAY & PLAY BASIS

There is an additional cost to hire the indoor courts of £20 per hour per court. Indoor courts can be booked via our main reception. Terms and conditions apply.

<i>Court</i>	<i>Day</i>	<i>Time</i>	<i>Dates</i>	<i>Cost per court per hour</i>
Indoors at NTC	Monday	8.00pm - 10.00pm	Monday 29 th April to Monday 1 st July	£20

FOR MORE INFORMATION ABOUT ANY ASPECT OF TENNIS GROUP COACHING, PLEASE CONTACT TENNIS@BANKOFENGLAND.CO.UK CLEARLY STATING WHICH COURSE YOU ARE ENQUIRING ABOUT



Racquet Sport Booking Procedures & Conditions

1. In the interests of safety and quality of instruction there will be a maximum number of adults in any course as stated in the course information.
2. Places on all courses are offered to members only.
3. Once a booking has been confirmed, a credit will only be issued for medical reasons on sight of a doctor's certificate. If this is prior to commencement of the course a full credit will be possible, if the course has already started a proportion of the fees paid may be credited.
4. The Bank of England Sports Centre reserves the right to cancel a course if the number of applications is lower than is needed to make the course viable.
5. The Bank of England Sports Centre reserves the right to alter the course date/time if necessary. A credit will be given if you are unable to attend the new date/time.
6. Spectators will not be permitted on courtside.
7. Payment for all courses can be made by cheque or by credit/debit card at reception. Acceptance onto any course will be subject to handing in a duly completed application form together with the relevant course fees.
8. When handing in your completed application form with payment, please provide us with your email address to enable us to confirm receipt of your request.
9. All courses are offered for the full duration of the course and not available on an ad hoc basis.
10. For outdoor tennis courses, please contact reception in the event of inclement weather.
11. When booking an indoor tennis court for pay & play at the National Tennis Centre, there is an additional cost to hire the indoor court of £20 per hour per court. Payment for an indoor court must be made via our reception at the time of booking. Bookings of indoor courts can be made up to 1 week in advance. In addition, you must confirm the names of every member using the court. Credits will only be issued for medical reasons on sight of a doctor's certificate.
12. If a member wishes to introduce a guest for play on the indoor tennis court at the National Tennis Centre, the relevant guest fee should be paid at reception prior to play.



Privacy Notice

Information we collect

The Bank of England Sports Centre collects personal data about you via this form. This data includes full name, date of birth and contact details.

Why we need your personal data

We collect your personal data to provide ongoing administration of your membership account and to offer a range of activities and courses for you.

What we do with your personal data

We use the information to contact you in relation to your activity/course booking at the Bank of England Sports Centre.

How long will we retain your personal data

We will hold your data for the duration of the activity that you are signing up for and for up to 6 months after the activity has ended. Thereafter it will be securely disposed of.

Your rights

You have a number of rights under data protection laws. You have the right to ask us for a copy of the personal data that the Bank of England Sports Centre holds about you. You can ask us to change how we process or deal with your personal data and you may also have the right in some circumstances to have your personal data amended or deleted.

To contact us about those rights, including making a request for the personal data we hold about you or to make a complaint about any data protection matter, please write to us at:

The Privacy Team
Bank of England
Threadneedle Street
London EC2R 8AH

If you are not satisfied with our response or believe we are processing your personal data not in accordance with the law, you can complain to the Information Commissioner's Office.

More information

The Bank's Data Protection Officer can be contacted via the details above and you can also find out more about how the Bank deals with your personal data via the 'Privacy' link at the bottom of our website (www.bankofengland.co.uk).



Adult Tennis Course Application Form April - July

(Form Not Required For Indoor Court Pay & Play Bookings, Social Tennis Or Ladies Morning)

PARTICIPANT'S DETAILS

ADULT NAME: _____ MEMBERSHIP NO: _____

TELEPHONE: _____ (mobile) _____ (other)

E-MAIL ADDRESS: _____

ALTERNATIVE EMERGENCY CONTACT NAME: _____

ALTERNATIVE EMERGENCY CONTACT NUMBER: _____

IF YOU ARE APPLYING FOR MORE THAN ONE COURSE, PLEASE LIST CLEARLY (BLOCK CAPITALS) ALL OF THE COURSES, WHICH YOU WISH TO APPLY FOR USING THE INFORMATION PROVIDED.

Course Name	Course Code	INDOOR / OUTDOOR	Start Date	Cost

Name (IN CAPITALS)

Signature

Date

For Office use only

Date Received:

Initials: