

Bank of England Sports Centre Swimming Pool Timetable 5th January - 31st March 2019 version 1

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
07.00	Adults only	Adults only	Adults only	Adults only	Adults only	Closed	Closed	07.00
08.00	Adults only	Adults only	Adults only	Adults only	Adults only	Closed	Closed	08.00
09.00	Adults only	Adults only	Adults only	Adults only	Adults only	Member lessons	Member lessons	09.00
10.00	Aqua class	Adults only	Adults only	Adults only	Closed	Member lessons	Member lessons	10.00
11.00	Adults only	Adults only	Closed	Adults only	1 lane only	Member lessons	Member lessons	11.00
12.00	Free swim	Free swim	Free swim	Free swim	Free swim	Member lessons	Member lessons	12.00
13.00	Free swim	Free swim	Free swim	Free swim	Free swim	Member lessons	Member lessons	13.00
14.00	Member lessons	Free swim	Member lessons	Free swim	Free swim	Member lessons	Member lessons	14.00
15.00	Closed	Free swim	Closed	Free swim	Member lessons	Free swim	Fun splash	15.00
16.00	Member lessons	Member lessons	Member lessons	Member lessons	Member lessons	Free swim	Free swim	16.00
17.00	Member lessons	Member lessons	Closed for member lessons	Member lessons	Member lessons	Free swim	Free swim	17.00
18.00	Member lessons	Member lessons	Closed for member lessons	Member lessons	Member lessons	Free swim	Free swim	18.00
19.00	Member lessons	Member lessons	Member lessons	Member lessons	Member lessons	Free swim	Free swim	19.00
20.00	Adult Swimfit	Adults only	Member lessons	Aqua class	Adults only	Free swim	Free swim	20.00
21.00	Adults only	Adults only	Adults only	Adults only	Adults only	Adults only	Adults only	21.00
22.00	Adults only	Adults only	Adults only	Adults only	Adults only	Closed	Closed	22.00

Please note that during "free swim" time, some areas of the pool may be unavailable due to member lessons. Whenever possible, a designated lane will be made available for length swimming if required (no lane swim during Fun Splash). A lane will be available from 7-9am Monday to Friday.