



### LIGHT BITES

#### All at £5.80

Grilled vegetable bruschetta with pesto & mozzarella & rocket salad (V)

Scotch egg served with mixed chef's salad and salad cream dressing

Freshly made Greek salad (V, GF)

Freshly made Caesar Salad (V) (With chicken as a main meal £9.95)

### GRILLED SANDWICHES

#### £5.80 on sandwich bread served with fat chips & salad

Grilled cheese sandwich with firecracker chicken

Grilled cheese sandwich with garlic mushrooms (V)

Grilled cheese sandwich with smoked ham & gherkin

#### £8.20 Toasted on ciabatta or wrap with fat chips and salad

Chicken breast, avocado, smoky bacon, spinach and aioli

Falafel & fired pepper wrap with hummus ((V) can be Vegan)

### GOURMET JACKET POTATOES

#### £8.20 served with toppings, nachos and side salad

Jacket potato, BBQ pork, smoky bacon bits, jalapeños, salsa, sour cream and Guacamole, slaw, nachos

#### £7.90 served with toppings, nachos and side salad

Jacket potato, smoked veggie Boston baked beans, jalapeños, salsa, sour cream and guacamole, slaw, nachos

### SIDE ORDERS

#### All at £2.80

Fat chips  
Curly fries  
Onion rings  
Garden salad

### MAIN MEALS

#### Fish & Chips

Battered cod, fat chips, garden peas, tartare sauce

£9.95

#### Bangers & Mash

Pork & herb sausages, mashed potato, crispy rocket, onion gravy

£9.95

#### Tyrrell Burger

Grilled Angus beef burger, cheese, crunchy leaves, tomato relish, fat chips

£9.95

#### Tyrrell Veggie Burger

Grilled vegetarian burger, crunchy leaves, tomato relish, fat chips.

£9.20

#### Beef Lasagne or Vegetarian Lasagne

With garden salad, garlic bread

£9.95/£9.20

#### Grilled Goats Cheese Salad (V)

With figs, chopped walnuts, mixed leaves, pesto dressing

£9.20

### TO SHARE FOR TWO

#### BBQ Pork Nachos Platter

BBQ pulled pork, bacon bits, melted cheese, jalapeños, sour cream, salsa, nachos

£15.00

#### BBQ Bean Nachos Platter (V)

BBQ beans, melted cheese, jalapeños, sour cream, salsa, nachos

£14.20

#### The Peri-Peri chicken board

BBQ grilled spiced chicken kebabs, peri-peri chicken strips, hot & spicy chicken wings, fresh slaw, fat chips

£17.20

#### The Cheese Board (V)

Stilton, Cornish brie & farmhouse cheddar served with dried fruits, chutney, crackers

£13.90

### DESSERTS

#### Treacle sponge, clotted cream

£4.80

#### Warm chocolate brownie, ice cream

£4.80

#### Assorted ice cream, berry coulis, wafer

£3.80

### CHILDREN'S MENU

*We aim to provide healthy food as much as possible for the little ones, but unfortunately, fish fingers and chips tend to prevail. Here at the Bank of England Sports Centre, we try to offer the best of both worlds, as our dishes contain at least 1 of their 5 a day.*

#### Children's Pasta Bolognese/ Carbonara/ Neapolitan (V)

£5.40

#### Children's Pick n Mix Meal

£5.60

Choose 1 protein item, 1 vegetable item and 1 carbohydrates item to create your child's meal.

#### Protein – Choose 1

Plaice goujons  
Pork & herb sausages  
Chicken goujons  
Beef lasagne  
Veg lasagne (V)  
Chicken breast burger

#### Carbohydrates – Choose 1

Fat chips  
Mashed potato  
Garlic bread  
Pitta pocket

#### Vegetables – Choose 1

Garden peas  
Baked beans  
Mixed salad



	175ml	250ml	Bottle
<b><u>RED WINE</u></b>			
<b>Acacia Tree - Pinotage, South Africa</b>	£4.40	£6.20	£18.30
<b>Bush Telegraph - Shiraz, Australia</b>	£4.60	£6.40	£19.65
<b>Castillo Clavijo - Rioja, Spain</b>	£5.15	£7.35	£22.50
<b>Argento Seleccion - Malbec, Argentina</b>			£23.60
<b>Haut de Brun – Grenache/Shiraz/Mourvedre, France</b>			£28.50
<b><u>WHITE WINE</u></b>			
<b>Acacia Tree - Chenin Blanc, South Africa</b>	£4.40	£6.20	£18.30
<b>Conto Vecchio - Pinot Grigio, Italy</b>	£4.60	£6.40	£19.50
<b>San Abello - Sauvignon Blanc, Chile</b>	£5.15	£7.35	£22.50
<b>Tuffolo Gavi - Cortese, Italy</b>			£24.80
<b>Mamaku - Sauvignon Blanc, New Zealand</b>			£26.80
<b><u>ROSE WINE</u></b>			
<b>Conto Vecchio - Pinot Grigio Blush, Italy</b>	£4.80	£6.70	£19.50
<b>Kleine Rust Fair Trade - Pinotage, South Africa</b>	£5.15	£7.35	£22.50
<b>Coteaux Varois – Cinsault, Provence, France</b>			£29.00
<b><u>CHAMPAGNE &amp; SPARKLING WINE</u></b>			
<b>Vaporetto - Prosecco, Italy</b>	£7.25		£30.00
<b>Perrier Jouet Grand Brut NV - Champagne, France</b>			£61.95